

Student Name: _____

Household Member Name: _____

Personal Water Use Chart

(----- To be filled in by student -----)

Activity	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Total Number of Times	Estimated Amount of Water Used (Liters)	Total Weekly Water Use (gallons)
Washing face or hands										
Taking a shower (standard shower head)									3.75	
Taking a shower (low flow shower head)									189	
Taking a bath									94	
Brushing teeth (water running)									151	
Brushing teeth (water turned off)									7.5	
Flushing the toilet (standard flow toilet)									1	
Flushing the toilet (low flow toilet)									19	
Shaving									1.5	
Getting a drink									7.5	
Cooking a meal									1	
Washing dishes by hand									11	
Running a dishwasher									37	
Doing a load of laundry									56	
Watering lawn									113	
Washing car									1135	
Total Weekly Water Use by Household Member (Liters)									189	